



**WALK
'N'
TALK**
LEVEL UP

#45





YOU'RE BETTER OFF!

Hello everyone!

In this episode of Walk 'n' Talk Level Up you learned new vocabulary and new expressions! Now you can continue studying, by checking out the dialogue, the expressions with written explanations, and by repeating all the sentences!

DIALOGUE

A: I came as soon as I could. How are you doing?

B: That depends. Did you get me ice cream sandwiches?

A: Of course I did. This is not my first rodeo, you know.

B: Thank you for coming. I can't believe Derek cheated on me.

A: I know. But you're better off without him. You're way out of his league.

B: You think so?

A: I know so! Now, here's the plan. We stuff our faces, watch some movies and sulk for today. And then tomorrow you shake it off and get back out there. You deserve better.



NEW EXPRESSIONS!

As soon as

It means “in the shortest possible time”. If you say that something happens as soon as something else happens, you mean that it happens immediately after the other thing.

I'll call you **as soon as** I get there.

She will call **as soon as** she can.

Not my first rodeo

It means “this is not the first time I have done this.” Applies to dozens of different scenarios. Relays to the recipient that you are experienced and know what you're doing.

She got the results she expected and said this was **not her first rodeo**.

Stop telling me what to do, this **isn't my first rodeo**.

Better off

Literally, it means to be in a more advantageous position, but in this context, it means that you are better without that particular person in your life.

I'm **better off** without that job, it was killing me..

You don't need fake friends, you're **better off**.



Out of their league

When something or someone is out of someone's league, it means that said person or thing is too good, too expensive, too precious for one to have. In a relationship scenario, it means a person you have no chance with because they are considered much more attractive, popular, intelligent or more successful than you are.

She was the most popular girl in school, she was **out of my league**.
I don't know how I got so lucky to have you, you're way **out of my league**.

Stuff one's face

An informal idiom that means to eat a lot, especially quickly and in a short amount of time.

I'm so anxious, I've been **stuffing my face** all day.
They weren't hungry for dinner because they **stuffed their faces** in the afternoon.

Sulk

As a verb, it means to be silent, morose, bad-tempered. It's more commonly used to say that you are going to allow yourself to wallow in a bad mood.

He was **sulking** in his room because of their fight.
My kid is going to **sulk** if I give them a time-out.



Shake it off

This expression has a variety of meanings, depending on the context. It can mean to successfully deal with or recover from something. In this case, of a bad breakup, it means to get over it, to deal with it and move past it. To forget something or someone.

I was sad, but now I **shook it off**.

He is **shaking off** this situation

Get back out there

In relationship conversations, “getting back out there” means to go back to dating, to put yourself in a position to be in a relationship again.

I’m done being sad, I’m **getting myself back out there**.

You haven’t dated anyone in 2 years, you need to **get back out there**.

Deserve better

When you “deserve better” or “deserve more”, it means you are worthy of better things or better treatment than you are getting.

I’m sorry, but you **deserve better**.

Their son is so rude, they **deserve better**.

Listen to this episode as many times as you want, and follow it up with this file. This way, you’ll be able to memorize all the expressions and vocabulary you’ve learned! You’ll also be able to use it in conversations in the future. And remember, the more contact you have with English, the better. So make sure to tune in for our next episode!