





Hey guys!

In this episode of Walk 'n' Talk Level Up you're gonna learn new vocabulary and new expressions! Let's practice by checking out the dialogue, the expressions and repeating all the sentences!

DIALOGUE

Do you have any recommendations for vegan dairy-free chocolates?

No, I don't think so. Why?

Oh, my nieces and nephews are <u>lactose intolerant</u> and their mom is vegan.

You could always go with dark chocolate. They don't have as much lactose.

Oh, thanks. I'm looking for alternatives for **Easter**, so they can have fun with the other kids.

You're shopping for Easter things already?

What do you mean already? It's in two weeks.

It is? I better go shopping!



NEW EXPRESSIONS!

Vegan

Anything that is made without any animal product or by-products.

Dairy-free

Something (food) that contains no milk products.

Lactose intolerant

Someone whose body can't tolerate lactose.

Go with

In this sentence, it means to choose or pick something. It can also be used in the past, went with.

I was torn between Jane Austen and Emily Bronte, but I decided to go with Austen.

She went with tea instead of coffee.

Easter

The Christian holiday in which the resurrection of Christ is celebrated, usually with chocolate eggs and family time.



I better

A way to say "it's best if I", usually to indicate someone needs to do something.

I better work late if I want to finish this project. She better start studying.

Listen to this episode as many times as you want, and follow it up with this file. This way, you'll be able to memorize all the expressions and vocabulary you've learned! You'll also be able to use it in conversations!