



WALK
TALK
LEVEL UP

GUIDE

#100





EARLY BIRD

Hello everyone!

In this episode of Walk 'n' Talk Level Up you're gonna learn new vocabulary and new expressions! Let's practice by checking out the dialogue, the expressions and repeating all the sentences!

DIALOGUE

Diálogo

Boy: It's settled then, I'll pick you up at 5 a.m.

Girl: Five a.m.? That's way too early!

Boy: Well, I'm an early bird, I like to wake up with the sun.

Girl: I usually sleep in. I'm a night owl, remember?

Boy: We can watch the sunrise together! It'll be romantic.

Girl: There's nothing romantic about getting up at the crack of dawn.



NEW EXPRESSIONS!

It's settled

It means to agree on something, reach an agreement. Or that something is over and there's no need to take further action or to talk more about it.

They settled the discussion before I arrived.

It's settled then - we travel next week.

Early bird

Someone who goes to sleep early and wakes up early; a morning person.

The early bird catches the worm.

She arrived before anyone else - she's an early bird.

Wake up with the sun

Waking up so early that the sun is still coming up, before dawn.

I have an early meeting tomorrow, I'll have to wake up with the sun.

She woke up with the sun this morning.



Sleep in

Stay in bed until later in the day, not wake up early.

Sundays are days to sleep in.

He always sleeps in when he doesn't have class.

Night Owl

The opposite of “early bird”. Someone who prefers to stay awake at night and sleep in the next morning. Not a morning person.

She never wakes up before 10, she's a night owl.

I work better at night, I'm a night owl.

Getting up at the crack of dawn

Leaving the bed so early that the sun isn't up yet. Getting up at the earliest in the morning.

I have to be at work at 6 a.m., so I'm always getting up at the crack of dawn.

She had to sleep early because she had to get up at the crack of dawn.

Listen to this episode as many times as you want, and follow it up with this file. This way, you'll be able to memorize all the expressions and vocabulary you've learned! You'll also be able to use it in every day conversation!